



## Honour and Remember

The Remembrance Day Ceremony has played a major role in Remembrance since 1931.  
Every year, at the eleventh hour of the eleventh day of the eleventh month,  
we gather in memorial parks, community halls, workplaces, schools and homes  
to stand in honour of all who have fallen.

Together, we observe a moment of silence  
to mark the sacrifice of the many  
who have fallen in the service of their country,  
and to acknowledge the courage of those who still serve.



**WE GIVE THANKS  
TO ALL WHO HAVE  
SACRIFICED SO MUCH,  
SO THAT WE MAY ENJOY  
FREEDOM AND PEACE.**

*They shall grow not old, as we that are left grow old;  
Age shall not weary them, nor the years condemn.  
At the going down of the sun and in the morning  
We will remember them.  
We will remember them.*

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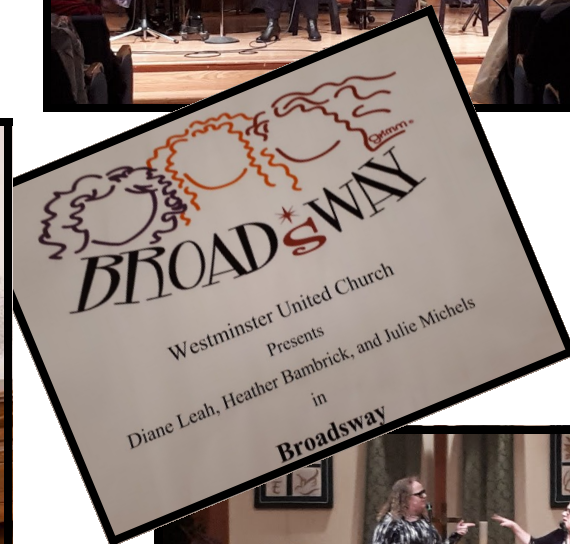
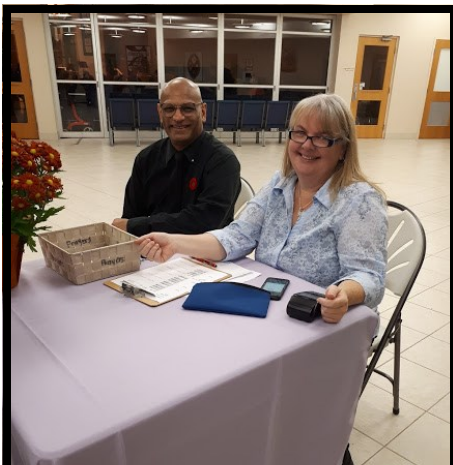
### A Prayer for Remembrance

**Ever-living God,  
We remember those whom you have  
gathered from the storm of war  
into the peace of your presence;  
may that same peace calm our fears,  
bring justice to all peoples  
and establish harmony  
among the nations,  
through Jesus Christ our Lord.  
Amen.**

A huge  
**Thank You**  
to all who attended and/or  
supported our recent  
**BROADSWAY**  
fundraising concert!

*Westminster was thrilled to host this amazing event.  
It was an unforgettable evening of  
voice, music and humour.*

*Many thanks to Brian W. and his team for arranging for the  
BROADS (their word) to share their gifts with us!*





# Faith & Fellowship

Come and be part of this  
Awesome Small Group!

This monthly “come as you can” group  
brings adults of all ages and genders together  
for a time of discussion, food,  
fellowship and prayer.....all in a casual  
and comfortable environment.

Faith & Fellowship  
will meet on the following dates,  
from 1:30pm - 3:00pm:

***November 13 , December 11, January 8***

Hope you can make it!

For more information, contact Cathy Shaw at: [cshaw@westminster-uc.ca](mailto:cshaw@westminster-uc.ca) or 905-723-6442



## **It's time to talk TURKEY!**

Westminster's Annual Turkey Supper is on  
***Saturday, November 9<sup>th</sup> at 5:30pm***

This fabulous fundraising feast, including a delectable  
assortment of delicious homemade pies, is a wonderful  
opportunity to enjoy a (second?) turkey dinner, with all  
the trimmings, and your Westminster family.

Whether you dine or work at this delicious event,  
it is a wonderful opportunity for fellowship.  
Come and ... gobble ... gobble ... gobble!

***Tickets are available from the Church Office.***

Adults: \$20.00

Youth: \$10.00

Children under 6: Free

## COMMITTEE

### CORNER

This month, we are highlighting the **Communication Committee.**

It is the goal of our committee to promote and improve communication at Westminster United Church.

We are responsible for several publications: the monthly newsletter – *The Westminster World*, the Program Directory – *Welcome to Westminster*, the fridge flyer announcing Upcoming Events, subscriptions to *Broadview* (formerly *The Observer*) and the Church Directory.



In addition to these important aspects of communication, we maintain the bulletin boards in the hallway, oversee postings to the electronic sign, monitor pamphlets on the kiosk, handle the Privacy Forms and keep the pew pockets in the sanctuary replenished with prayer cards, offering envelopes and doodle paper.

Since 2017, we have been hosting our Annual Trivia Night – a spring FUNdraiser. We hope you can join us for our next Trivia Night on Saturday, May 2, 2020.

Currently, our committee consists of Mary-Lynn F., Ron K., Lori R., Joan S., Cathy Shaw (staff rep) and Bev C. (chair). We would be delighted to have new members join us in our mission to ensure effective communication at Westminster.



### Christmas Hampers and Tin Cans

It may be too late to get a tin can and collect coins for this year's hampers but it is not too late to donate directly to this exciting annual campaign. Simply put your donation in a labelled envelope – **Christmas Hampers/Tin Cans Program** and put it in the Sunday offering plate or drop it off at the church office.

The money collected goes towards Loblaw gift cards which are included in the hampers in lieu of groceries. You will, of course, receive credit towards a 2019 charitable donation receipt.

Thank you for continuing to support Westminster's annual campaign through which we provide Christmas hampers for 70+ needy families/individuals in our area. It is so worthwhile and brings Christmas joy to so many in our community.

#### ***Here are a few important dates to note:***

Sunday, November 24<sup>th</sup> and Sunday, December 1<sup>st</sup> - Handout of Gift Tags

Saturday, December 14<sup>th</sup> - Drop-off of gifts at church gym (12:00pm to 4:00pm)

Sunday, December 15<sup>th</sup> – Delivery of Christmas hampers (after worship service)




**We're so excited!**

Westminster United Church  
**Annual Christmas Bazaar**


Baked goods  
Knitting  
Christmas Décor  
White Elephant Table  
Silent Auction  
And so much more!

**Saturday, Nov 16, 2019**

**9:00am – 2:00pm**



## Wine Women & the Word



**Tuesday, November 12th**

**7:00pm 9:00pm**

Carol will be hosting this meeting in her home.

Please contact the church office if you are in need of directions.

**Theme:**

"Preparing Our Hearts for Advent"

***Please bring a Bible if you have one.***

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Our next movie night for Adults will be on:

**Friday, November 29th**

**7:00pm**

*...bring a date,  
bring a friend or step out solo,  
as we watch the comedy/drama...*

**The INTERN**

*(Popcorn Included)*





*If you're a Youth in  
**Grade 6, 7 or 8**  
then this **Youth Group** is for you!*

Every **Thursday evening** from  
**7:00pm - 8:30pm**  
beginning on  
**THURSDAY, NOVEMBER 21**

Games,  
Outreach,  
Hot Topic Discussions,  
Fun, Friends and Food...  
...there's something for everyone!

***Bring your friends and make these groups your own awesome place to hang out on Thursday Night...Can't wait to see you!***



### **DVD Series**

Monday Evenings  
7:00pm - 8:00pm

**Nov. 11, Nov. 25 and Dec. 9**

NOOMA is a series of short films that promote spiritual reflections on individual life experiences.

Each of the four DVD's is presented in a highly relatable manner  
that invites you to search, question and join the discussion.

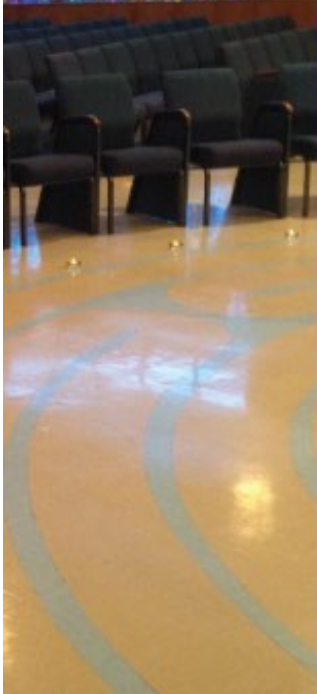
Join Cathy Shaw, your Minister of Faith Formation  
for any, or all of this informal faith forming series.

***No registration required.***



# Advent Labyrinth Meditation 'living in the light of Christ coming'

Join us in evening prayer around a candlelit labyrinth. Walk its circuitous path as symbolic of a pilgrimage and a spiritual journey of transformation, healing and wholeness in Christ



During Advent take time to slow down, be still, be awake to a Divine Mystery that looks so common, so ordinary and yet is wonderously present. Prepare your hearts to receive a blessing of peace from the Prince of Peace.

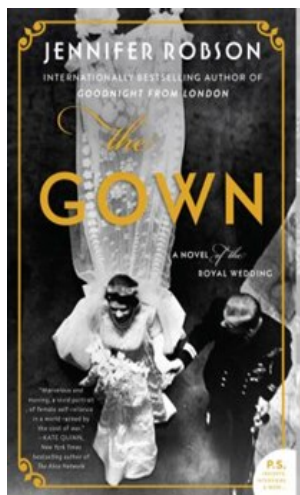
**Wednesday November 27, 7:00-8:30 P.M.**

Westminster United Church  
1850 Rossland Road E, Whitby ON  
(905) 723 6442

For further information or to confirm your participation contact  
[clarencemac@gmail.com](mailto:clarencemac@gmail.com)



***Our Labyrinth will also be open for Individual Prayer Walks on  
Thursday, November 28 and Friday, November 29,  
from 9:00am - 4:00pm.***



The next gathering of the Book Club is  
**Wednesday November 27<sup>th</sup> at 1:30pm**  
at the church to discuss the book:  
**The Gown – A Novel of the Royal Wedding**  
by Canadian author, Jennifer Robson.

From the internationally bestselling author of Somewhere in France comes an enthralling historical novel about one of the most famous wedding dresses of the twentieth century--Queen Elizabeth's wedding gown--and the fascinating women who made it.

Besieged by the harshest winter in living memory, burdened by onerous shortages and rationing, the people of postwar Britain are enduring lives of quiet desperation despite their nation's recent victory. Among them are Ann Hughes and Miriam Dassin, embroiderers at the famed Mayfair fashion house of Norman Hartnell.

Together they forge an unlikely friendship but their nascent hopes for a brighter future are tested when they are chosen for a once-in-a-lifetime honour: taking part in the creation of Princess Elizabeth's wedding gown.

Toronto, 2016: More than half a century later, Heather Mackenzie seeks to unravel the mystery of a set of embroidered flowers, a legacy from her late grandmother. How did her beloved Nan, a woman who never spoke of her old life in Britain, come to possess the priceless embroideries that so closely resemble the motifs on the stunning gown worn by Queen Elizabeth II at her wedding almost seventy years before? And what was her Nan's connection to the celebrated textile artist and holocaust survivor, Miriam Dassin?

With The Gown, Jennifer Robson takes us inside the workrooms where one of the most famous wedding gowns in history was created. Balancing behind-the-scenes details with a sweeping portrait of a society left reeling by the calamitous costs of victory, she introduces readers to three unforgettable heroines, their points of view alternating and intersecting throughout its pages, their lives woven together by the pain of survival, the bonds of friendship, and the redemptive power of love.

All are welcome. To borrow the book or for more information, please call Susan at 905-493-3122.

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**Diversity  
Embraced  
Here**

## Notes from the Worship Committee

### **HAVE YOU EVER WONDERED...**

#### **...What is a Narthex?**

The Narthex is the entry space for worship. It is a space where worshippers gather together before and after the service. It is a place of welcome. The gathering space helps believers to make the transition from everyday life to the celebration of the liturgy, and after the liturgy, it helps them return to daily life to live out the mystery that has been celebrated. As well, the Narthex is the ideal place to show the service aspects of a church.

*Reference: [www.heimsath.com/blog-0/bid/79719/what-is-a-narthex](http://www.heimsath.com/blog-0/bid/79719/what-is-a-narthex)*

At Westminster United Church, during Church Worship on Sundays, the Narthex is considered an extension of the worship space. We therefore ask that nothing be sold, in the Narthex, during this time period. Groups needing space to sell tickets and other items on a Sunday should use the gym or the Founders' Room. These spaces can be booked through the office.

#### **...What are Affirming Sundays?**

With the support of Council, it has been agreed that Westminster United Church regularly designate the fifth Sunday in a month to be an Affirming Sunday. These Sundays will connect our faith to our continuing journey to be an affirming congregation. The Affirming focus will include a variety of topics which will be reflected upon in our prayers and other parts of the service. As well, there will be opportunities for information displays in the gym, workshops/information sessions/ luncheon after service.

## Family ADVENTure Day!

### **When:**

Sunday, December 1st  
12:00pm – 2:00pm

### **Where:**

Right here at Westminster!

### **What:**

A fun, family day to celebrate the Season of ADVENT.

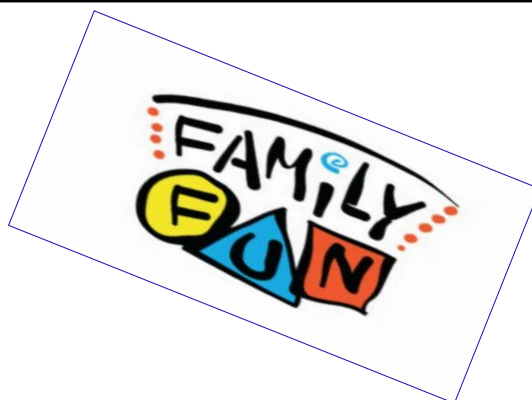
Come for lunch and stay for the family crafts and activities!

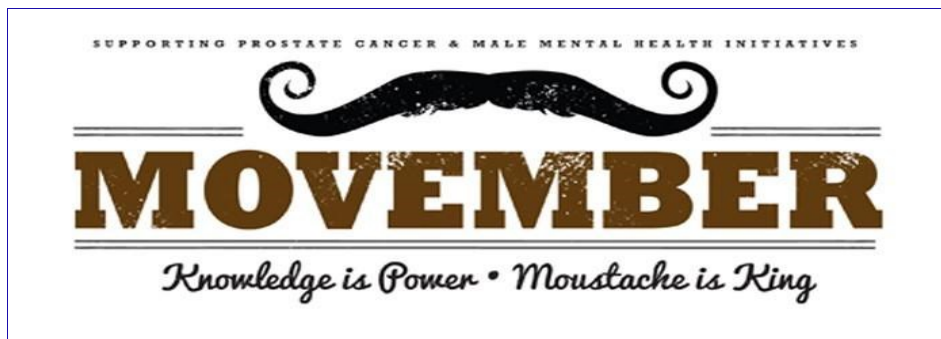
**This is a free event, sponsored by your Christian Education Committee.**

***Spaces are limited, so you MUST REGISTER for this event to receive your free ticket!***

Registration will take place in the gym following worship on Nov. 17 and 24.

**Hope to see you there!**





*The following are excerpts from the Toronto Star insert "Urological Health", on September 29, 2018.*

"Men are notoriously bad at taking care of their health and it can be a challenge to get them to talk to their general practitioners sometimes, let alone a specialist. The specialist that men are perhaps the most reluctant to meet with is also one of the most important: a urologist." Most men, the article goes on to say, will be prone to develop at least one of the three most common prostate diseases: prostatitis (infection, inflammation and/or pain in the prostate), benign prostatic hyperplasia (enlargement of the prostate leading to bothersome and potentially dangerous urination symptoms), or prostate cancer (the most common cancer in men).

Prostate problems are among the most frequent of men's health problems. But other situations need to be highlighted as well. The **Movember** movement is serving to do just that. The Movember Foundation conducts a campaign every November to raise funds for research, and to draw attention to not only prostate cancer but also testicular cancer and men's mental health.

Prostate cancer is the most common cancer among Canadian men. One in seven men will be diagnosed in their lifetime, usually through physical exam and a blood test known as PSA. Testicular cancer usually affects young males 20-34 yrs of age and can be detected upon physical examination because of pain and swelling. A predominant mental health problem among Canadian males is suicide. At all points in time over the past 60 years, males have had higher rates of suicide than females.

It is important that these problems are acknowledged and addressed. The Movember movement does just that by encouraging men to grow a moustache for the month of November. The moustache acts as a billboard to draw attention to the campaign and to increase awareness of the potential health problems discussed above. This yearly campaign has greatly affected public awareness and hopefully will continue to lead men to educate themselves and seek out medical advice and assistance when needed.

#### Helpful Websites:

Movember Canada : <http://ca.movember.com>

Prostate Cancer Awareness: [www.prostatecancer.ca](http://www.prostatecancer.ca)

Testicular Cancer: [www.cancer.ca>cancer-information>testicular](http://www.cancer.ca/cancer-information/testicular)

Men and Suicide-Centre for Suicide Prevention: [https://www.suicideinfo.ca>resource](https://www.suicideinfo.ca/resource)

Mayo Clinic – <https://www.mayoclinic.org/healthy-lifestyle/mens-health>





## ALLERGY REMINDER!

With the beginning of J.a.M, your Christian Education and J.a.M Teams would like to remind you that we have children in our congregation who have severe, life-threatening allergies to Tree Nuts and especially to Peanuts (we probably have some adults as well).

We are also asking for your help in preventing any serious incidents of anaphylaxis.

### ***How can you help?***

- \* The best way to help is to choose not to eat peanut butter or any products containing peanuts/nuts (*peanut butter, granola bars, etc*) before heading to church.
- \* Should you need to have these products for breakfast then please brush your teeth thoroughly and wash your hands well with soap and warm water...*unfortunately hand sanitizer does not get rid of the residue left from peanuts and other nut products.*

We are doing our very best in J.a.M to offer programming that will keep our children safe and healthy, and we are extending this request to everyone in our congregation, so that together we can make Westminster a place for all to enjoy. T

Thank you for helping us help others!



**LET'S KEEP EVERYONE  
BREATHING WELL!**

**FOR THE HEALTH, SAFETY  
AND WELL-BEING OF ALL ,  
PLEASE REFRAIN FROM USING SCENTED  
PRODUCTS WHILE AT WESTMINSTER!**

**THANK YOU!**

# Pray, Praise, Ponder

*Dear God,  
whether it's a  
word of affirmation,  
helping with a task,  
standing up for someone  
or giving a gift,  
help me to show someone  
that they are valuable.  
Amen.*



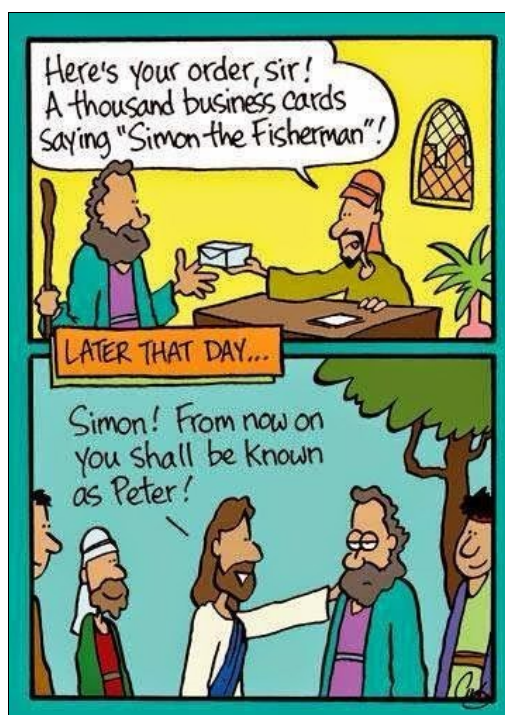
...that over the summer and into fall, we have enjoyed a wide variety of music - solos, duets, instrumentation and our three choirs (Junior, Senior, S.A.L.T.)? Many thanks, musicians, for your contributions to our worship services.

...that one of the topics or questions raised by Rev Dan Yourkevich was "What you have been given?" Suzanne Renkiewicz must have known and pondered the above question for she has given many hours to our Food Bank clients and has done it with pleasure. Many thanks.

...that there are many interesting activities happening at Westminster this fall? Pick up a copy of the green fridge flyer – Upcoming Events - on the rack in the Narthex.

...that rehearsals for the Christmas Eve Play have begun? And we all know what that means...

## JUST FOR LAUGHS



FINANCIAL UPDATE FROM THE STEWARDSHIP / FINANCE COMMITTEE			
STATEMENT OF OPERATIONS - CASH BASIS			
	ACTUAL 2019 JAN - SEP	BUDGET 2019 JAN - SEP	VARIANCE JAN - SEP
Offerings - Local Fund & Building Fund	192,188	197,108	-4,920
Other Receipts - excl M&S Fund	100,315	106,378	-6,064
<b>Total 2019 Operating Receipts - excl M&amp;S Fund</b>	<b>292,502</b>	<b>303,486</b>	<b>-10,984</b>
<b>Total 2019 Operating Disbursements - excl M&amp;S Fund</b>	<b>320,066</b>	<b>331,181</b>	<b>-11,116</b>
<b>2019 OPERATING DEFICIT</b>	<b>-27,563</b>	<b>-27,695</b>	<b>132</b>
<i>Offerings - Mission &amp; Service - collected &amp; forwarded to UCC</i>	<i>20,347</i>	<i>16,359</i>	<i>3,987</i>
The revised year-end operating budget is a deficit of approximately \$8,000 versus the original nearly-balanced operating budget. This is due to extra costs associated with repairs to two access ramps, a catch basin, and two broken windows.			
Capital Reserves	49,873		
Ministerial Reserves	52,000		
Contingency Fund	30,286		
Cash on Hand	17,750		
<b>TOTAL AVAILABLE FUNDS</b>	<b>149,909</b>		
<p><i>Thank you for your continued support of Westminster United Church, financially and otherwise!</i>  <i>This faith community and its ministries would not be what they are without you!</i></p>			

## You Are Needed!

If we are to live out our motto -  
**Be Welcomed, Be Nourished, Belong**  
– we need your help.

Please sign up to greet and light the candles one Sunday (or more?). Having cheerful greeters at the door to welcome people to worship is an important aspect of our ministry.

There's also a personal benefit – it's a great way to meet people and build relationships!



# You're invited...

<b>Turkey Supper</b> 5:30pm Advanced Tickets Required	Saturday, November 9
<b>Worship Service - Remembrance Sunday</b> 10:30am	Sunday, November 10
<b>NOOMA DVD Series</b> ( <i>Small Group</i> ) 7:00pm - 8:00pm	Monday, November 11 November 25 December 9
<b>Wine, Women and the Word</b> ( <i>Offsite</i> ) 7:00pm - 9:00pm	Tuesday, November 12
<b>Faith &amp; Fellowship</b> ( <i>Small Group</i> ) 1:30pm - 3:00pm	Wednesday, November 13
<b>Christmas Bazaar</b> 9:00am - 2:00pm	Saturday, November 16
<b>Worship Service - Communion</b> 10:30am	Sunday, November 17
<b>Youth Group Begins (Grades 6,7,8)</b> 7:00pm - 8:30pm	Thursday, November 21
<b>Worship Service</b> 10:30am <b>Christmas Hamper Tag Distribution</b>	Sunday, November 24
<b>Book Club</b> 1:30pm <b>Advent Labyrinth Event</b> 7:00pm - 8:30pm	Wednesday, November 27
<b>Labyrinth Open for Individual Prayer Walk</b> 9:00am - 4:00pm	Thursday, November 28 Friday, November 29
<b>Friday Flicks Movie Night</b> 7:00pm	Friday, November 29
<b>Worship Service - Advent 1</b> 10:30am <b>Family ADVENTure Day</b> 12:00pm - 2:00pm <i>(Free Event - 10 and Under - Ticket Required)</i>	Sunday, December 1
<b>UCW Christmas Dinner</b> 6:00pm	Monday, December 2
<b>Living Alone Lunch</b> 12:00pm	Wednesday, December 4
<b>Games Night</b> 7:00pm - 9:30pm	Friday, December 6