

# Journey Through Lent 2021

## Group Study Guide Week 2

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Including the readings from March 1 to March 6

### Centering

Light a candle, the Light of Christ.  
Take a moment in silence. Breathe.  
Begin with a Prayer

### **Pray:**

*God of the Journey,  
Thank you for this time.  
Open me up to the movement of your Spirit.  
In this time of reading scripture  
Help me to notice your voice and follow the way of Christ. Amen.*

### Explore:

**Throughout the week, read the scripture passage for each day.**

**Read the daily reflection.**

What do you notice: what word(s) or image from the passage catch your attention? How does it speak to your life today?

### **Week 2 Theme: Discipleship**

Many of the reflections this past week related to the theme of discipleship. What are we called to do and be as followers of Jesus?

**Here are some additional questions for exploration at the end of Week 2**

March 3: Maureen Dingman shares that during this time of Lent we have the opportunity to think about what really matters to each of us. Consider the questions she poses (*next page*):

As a follower of Jesus: *“What do I truly need? How can I be a messenger for Christ in my community? Am I able to take the risk of new adventures?”*

March 5: Emma Cullen writes about using the “quiet time in our lives to re-examine our discipleship as we follow Jesus.” Have you been able to use this (pandemic) time to support your spiritual life? In what ways?

March 6: Paul Kneebone writes about the demands Jesus makes of his followers. Have you ever given anything up to follow Jesus? What does being a disciple of Jesus mean to you? What message of Jesus do you most want to live out and share?

**Write down** a word or a phrase that has arisen through this time of reflection.

End with a moment of silence, giving thanks to God.

Close your time with the Lord’s Prayer.