



Indigenous Land Recognition Dedication

Sunday, October 2, 2022

Westminster celebrated the dedication of the newly installed granite stone in the garden area north of the church building's entrance. It was the culmination of 1-2 years of planning and ongoing connections with Indigenous sources.

Two days earlier (Sept. 30th) we recognized Orange Shirt Day, which is also National Day for Truth and Reconciliation, which honours the children who never returned home and survivors of residential schools, as well as their families and communities.

After the World Communion Sunday service, we adjourned from the sanctuary to outside for this meaningful time together. Mim Harder, special guest speaker, led off with an Indigenous prayer, then Paul Kneebone gave a brief history of the project and the symbolism it represents. Rev. Michelle continued with the liturgy and reminded us of the commitment we are all making here at Westminster --- making protection of these lands and working towards right relations an ongoing priority. Mim concluded the dedication service with a smudging opportunity for all attendees.

We had perfect weather for this day of joyous celebration and commitment.

Also welcomed guests included –

Lorne Coe (Whitby MPP), Deidre Newman and Steve Yamada (Whitby Mayor, Councillor).

The sanctuary service included Rev. Michelle reading a letter from Chief Kelly LaRocca (Mississaugas of Scugog Island First Nation) and a video shown from Rev. Rodney Smith-Merkley (East Central Ontario Region – Minister for Respectful Relationship and Indigenous Justice).

--- Paul Kneebone (Outreach Committee)



Mim Harder continues the smudging as attendees individually take part on this special dedication day.



Dale from Stafford Monuments installs the finished stone on-site.



Cathy Shaw, Mim Harder (special guest speaker) and Rev. Michelle Robinson.



Other special guests:
Deidre Newman and Steve Yamada
(Whitby Town Councillors),
Lorne Coe (Whitby MPP)



The 55-word abridged Acknowledgement Statement inscribed on the polished granite rock face.
There is also a full 177-word unabridged version, which is framed and on wall in the church's vestibule/front entrance..



Mim Harder concludes the dedication service with a smudging ceremony.

Introducing...

Wren

October 1, 2022

Congratulations to
Wren's parents

Emily Allin and Simon Stouffer
and
Grandparents,
Bill and Bonnie Beer



Linda Hunter: Minister of Music

Linda's early love of music grew considerably when, at the tender age of 13, she eagerly took on the role of Choir Director at her local church. With the help of her mother, she recruited members, selected arrangements, conducted rehearsals and lead the choir during Church service. This was to be the stepping stone to her lifelong journey of spreading the joy of music.

After many years as the Pianist, Organist and Choir Director for local churches, Linda studied and obtained her degree as an Associate of The Royal Conservatory of Music (ARCT). This was followed by several years of pipe organ study and exams.



As a member of The Ontario Registered Music Teachers' Association (ORMTA), Linda instilled her love of music, providing private piano lessons and theory to countless students over the years in the Greenbank and Port Perry area.

A lifelong resident of Greenbank, Linda has two fantastic children, three beautiful grandchildren and a spunky little pug.

Linda enjoys family and small-town living with her husband, Bob.

Linda is delighted to join the wonderful team at Westminster United and looks forward to continuing to spread her love of music.

Season of Service 2022

Our Westminster congregation ushered in a new church season this fall with acts of service in support of our community. Over three Saturdays in September, the following outreach activities were carried out and supported by members of our congregation and wider community:

- ♦ Painting and yardwork were completed by a crew at Manning Mews, a long-standing outreach ministry of Westminster.
- ♦ 400+ flyers with food donation bags (donated by Sobey's) were assembled and delivered to neighbourhoods surrounding our church in support of a fall food drive for The Pantry.
- ♦ A Westminster community art project planning session was initiated, with a plan being developed for review in the new year.
- ♦ A green space cleanup was completed in the Thickson Rd area.
- ♦ Many food donations were gratefully received from our neighbours and congregation to help with stocking our Pantry shelves this fall.
- ♦ Prayers for our volunteers and the communities served were held on each Saturday morning, led by members of our ministry team.

And, while not part of our Season of Service programming, members of our Outreach Team and helpers gratefully collected school supplies donated by our congregation and assembled gift bags to provide to school-aged youth serviced by our Pantry.

Thank you to everyone who participated in this year's Season of Service.

Special thanks to Amy Medlock, Cathy Shaw and Sara Russell for their support of this year's program.

Do you have some great ideas for service opportunities you'd like considered for next year's Season of Service? If so, be sure to let us know your thoughts when we ask for input in the new year!

With blessings and thanks for all we do together in service of our community,
Westminster's Outreach Committee



Photos from our recent Season of Service



I AM A **CANADIAN**
FREE TO SPEAK WITHOUT FEAR
FREE TO WORSHIP IN MY OWN
WAY
FREE TO STAND FOR WHAT I
THINK IS RIGHT
FREE TO OPPOSE WHAT IS
WRONG
FREE TO CHOOSE THOSE WHO
GOVERN MY COUNTRY
THIS HERITAGE OF **FREEDOM** I
PLEDGE TO UPHOLD FOR MYSELF
AND ALL MANKIND

John G. Diefenbaker



Prayer Requests

If you have a request for prayers of healing, concern, gratitude, celebration or whatever may be on your heart, please submit it in one of the following ways:

If you are worshipping online, click on the link in the weekly email blast and submit your prayer request. To ensure it is included in the following Sunday's service, please submit it by 12:00 noon on the preceding Thursday.

If you are worshipping in person, Prayer Request cards are available in the narthex. Complete your card and place it in the basket inside the main sanctuary doors before the service begins.

Your prayers will be read out in worship during the 'Prayers of the People' and then passed on to our Prayer Team for continued prayers.

**** When you are writing your prayer request, please be mindful of the fact that our services are livestreamed on YouTube and are recorded.**



=====

Knit One, Pearl All!

**Are you an experienced knitter or crocheter?
Would you like to learn to knit or crochet?**

The Prayer Shawl Ministry at Westminster invites you to work and learn together!

On **Saturday, November 12th (2:00pm - 4:00pm)**
or

Sunday, November 13th (after worship, 12:00pm - 2:00pm),
we will meet in the Founders' Room at
Westminster United Church.

Yarn will be provided. Please bring knitting needles and/or crochet hooks and any easy-to-learn patterns for scarves, Prayer Shawls or any other item you're interested in working on.

All are welcome to join us (Youth and beyond)!



For more information and to confirm you'll be attending on one of the dates, please contact
Linda Moroziuk, Outreach Committee at:
lindamoroziuk@gmail.com



Family ADVENTure Day!

When:

Sunday, November 27
12:00pm – 2:00pm

Where:

At Westminster!

What:

A fun, family day that celebrates the Season of ADVENT.

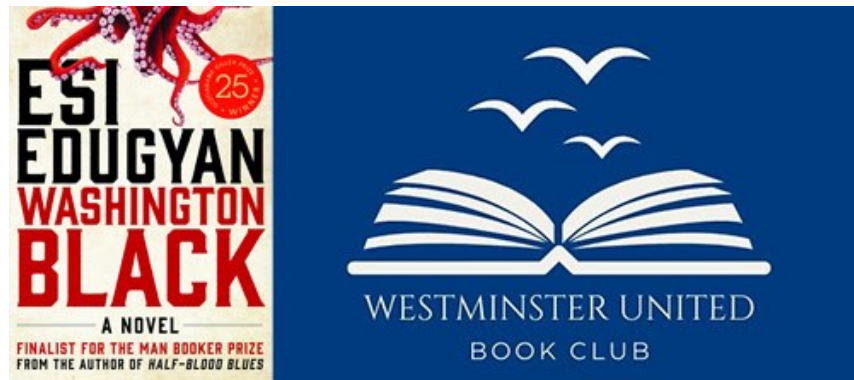
Come for lunch and stay for the family crafts and activities!

This is a free event, sponsored by your Christian Education Committee.

Spaces are limited, so you **MUST REGISTER** for this event to receive your free ticket!

Registration will take place in the Narthex following worship on November 13th and 20th.

Hope to see you there!



The next gathering of the Book Club is **Wednesday, November 23, 2022 at 1:00pm**, in person at Westminster UC to discuss the book: *Washington Black*, by *Esi Edigyan*.

This is a “Library Book in a Bag” book.
All are welcome!

*To borrow the book or for more information,
please contact the office.*

Christmas Hampers

It's that almost that time of year again ... Westminster Christmas Hampers!
Applications for hampers will be available at the Foodbank (The Pantry) starting in October.

Last year we supported 78 families, comprised of 315 people.
This includes 185 children (a record for us) and 30 adults living alone.

Thank you to everyone who has provided feedback during previous years –
we have two applications, one for families with children and one for adult-only households.
Families receive a grocery gift card and gifts for children under the age of 18.
As well, adults living alone receive a small gift with their grocery gift card.

By selecting a tag, you will have the opportunity to buy for either a child or an adult in our community.

Important Dates:

October

Applications available at The Pantry (Foodbank)

November 6:

NEW rolling tag availability begins online for virtual tags only
Please contact **wucchristmashampers@gmail.com** to select tags

November 15:

Final deadline for applications to be returned

November 20, 27 and December 4:

In-person tags available for selection
(for a child under 18 or an adult living alone) after Sunday Service

December 10:

Drive-thru return of gifts purchased to Westminster

December 11:

Hamper delivery and pick-up
(time to be confirmed)

If you would prefer to make financial donations instead - either online, cheque, e-transfer
or through the church office - please mark financial donations for "Outreach".

***As always, there are many ways to be involved in this ministry
– we will also require drivers the weekend of hamper delivery.***

Should you have questions, please don't hesitate to contact **wucchristmashampers@gmail.com**.
Thank you in advance for your generous support of the Westminster United Church Christmas

Hamper Outreach Ministry.



An Opportunity to Serve...

Westminster is in need of volunteers for our monthly shift at Durham Outlook for the Needy (DOFN) in downtown Oshawa.

All you need is 3 hours a month (the 2nd Tuesday) to become part of this awesome Team and this essential Outreach Ministry.

Every weekday, DOFN serves 100-200 hearty meals to those in need, and Westminster is pleased to partner with this wonderful organization.

We ask that you prayerfully consider joining our crew - your help is really needed! Thank you!



Spiritual Practices for Connection & Well-Being



Labyrinth Walk 3rd Friday of the Month

Labyrinth Evenings - 3rd Friday of the Month

7:00pm - 9:00pm

Come try it for the first time to learn more about this ancient meditative walk or utilize the time as part of your regular spiritual practice.

November 18,

*December 16, January 20, February 17,
March 17, April 21, May 19, June 16, July 21*



High School Youth Group

High School Youth Sundays

12:30pm - 2:00pm

During this time together we learn more about faith practices, how to be still, grow in faith together, and reach our roots down deep. We try different practices together each time we meet.

*November 13, November 27, December 11, January 8, January 22, February 5, February 19, March 5,
March 12, March 19, April 2, April 16, May 7, May 28, June 11, June 25*



Prayer Workshops

Prayer Workshops - Via Zoom

7:00pm - 8:30pm

How do we pray? What does prayer even mean? Am I doing it right? The faith practice of Prayer is a rich and dynamic discipline. In this virtual small group work shop we will explore some of the many different forms of prayer and how it can enrich our spiritual lives as individuals, and together.

November 23, December 7, December 21,

*January 11, January 25, February 8, February 22, March 8, March 22, April 5, April 19,
May 3, May 17, May 31, June 14, June 28, July 12*



New Parents & Caregivers

New Parents & Caregivers Group - TBD

A time for parents and caregivers to gather for fellowship and community - babes and tots too!

It was wonderful to see you at our last gathering! Our next gathering is **Friday, November 11 at 9:30am** in the Founders Room.

A fun time of singing, stories, & snacks, let Sara know if you and your little(s) can come on out and play!

Additionally, please feel free to reach out to Sara at srussell@westminster-uc.ca if you have questions or are wondering if there are further opportunities for involvement.



THE UNITED CHURCH OF CANADA
FOUNDATION

A note or two ... from the Choir Loft

We are delighted to welcome our new Minister of Music, Linda Hunter, to our Westminster family. An accomplished pianist, organist and choir director, she comes to us with enthusiasm, a love of music and a wealth of experience.



If you love singing, please consider adding your voice to our wonderful group, says Linda!
Join us as we begin preparing our Advent and Christmas anthems.
There is plenty of room in the loft so come out and join the fun on Thursdays from 7:00 to 9:00.

C.A.R.E.

Christians Acting with Respect for the Earth

Preparing for Christmas?



Consider the environment when wrapping Christmas presents this year.

Here are some on-line resources for Christmas wrapping the "eco-friendly" way.

"Never Buy Gift Paper Again: The Ultimate Guide to Zero Waste Wrapping - Greenpeace Canada"
<https://www.greenpeace.org>

"10 Best Eco-Friendly Wrapping Paper of 2022" <https://greatist.com/live/eco-friendly-wrapping-paper>

Happy Wrapping!

Climate Disruption Mitigation Committee (CDMC)

Did you know that Pickle ball is the fastest growing game in North America?



We are adding a new time to play Pickleball.

We will now be playing games
every Tuesday afternoon from 1:00pm until 3:00pm.

Most of the players on Tuesday have been playing for some time, so we are offering **Wednesday's at 1:00pm** for anyone who would like to learn to play the game or play a more relaxed game.

We have equipment that you can use, so all you have to do is show up!
We will help you to learn the basics of this really fun game.

Email King at **kc999@live.ca** for more information.

Fifteen Tips for Everyday Sustainable Living

David Suzuki is a Canadian academic, science broadcaster, and environmental activist. He is best known as host and narrator of the popular and long-running CBC Television science program “The Nature of Things”, seen in over 40 countries. The David Suzuki Foundation “helps residents work with their local governments on climate action and supports municipal leaders in developing and implementing ambitious and equitable climate plans” <https://davidsuzuki.org>.

From the David Suzuki Foundation, here are Fifteen Tips for Everyday Sustainable Living:

- ◆ Walk, cycle, scooter or skateboard. Choosing active transportation for getting around (including your commute) will help you and nature.
- ◆ Take public transit (or carpool). Regularly opting to ride the bus, take the train or carpool will save you money, lower your emissions, reduce traffic congestion and air pollution, and help out your community.
- ◆ Choose a fuel-efficient car. If you must drive, the best vehicle for reducing your carbon emissions is electric. A lot about EVs is changing. Make sure you have the latest information. Discover the truth about EV ownership and their environmental impacts.
- ◆ Fly less. Flights are energy-intensive and depend on fossil fuels. Learn about the connection between air travel and climate change and ways you can make your flying more efficient.
- ◆ Check for air leaks in your home and seal them. Air leaks along walls, windows and doors can account for up to 40 per cent of your home’s heat loss. Bonus: in addition to making your home more energy efficient and saving money on your heating bill, you’ll also be cooler in the summer and warmer in the winter.
- ◆ Avoid energy “phantoms.” Unplug electronics when you’re not using them. They use power and run up your energy bills even when turned off. Plug multiple devices into power bars you can switch off. Consolidate all devices that need to be charged onto the same power supply.
- ◆ Take responsibility for your electronics. E-waste is the fastest-growing domestic waste stream. Learn how to avoid it and how to recycle electronics you already have.
- ◆ Eat plant-based only at least one day a week. Skipping meat for one day a week can reduce your annual carbon footprint as much as not driving a car for a whole month. Learn more about how what you eat affects the climate.
- ◆ Read food labels. Avoid overly processed foods. Local and organic products are always the best choice. Vote with your fork by supporting local, organic producers.
- ◆ Grow your own food. Whether you have a backyard or windowsill garden, or access to a community garden, growing food saves money, avoids wasteful packaging and teaches valuable skills. Check out these gardening tips for beginners.
- ◆ Reduce food waste. Avoid sending kitchen and yard waste to landfills by composting, making the most out of your food scraps, starting a food sharing club and making the best choices at the grocery store.
- ◆ Use green cleaners. Stores are full of colourfully branded, toxic cleaning products. Learn how to shop for green cleaners and make your own.
- ◆ Talk to friends and family. One of the most important things you can do about climate change is talk about it. Start with those closest to you. Learn how to navigate difficult conversations. Invite your household to participate in “green” house rules.
- ◆ Sign petitions. Make it a regular habit to sign petitions asking governments to take climate action and protect nature. Start with ours.
- ◆ Nudge the system. Move to green energy, divest from banks that support the fossil fuel industry, tell manufacturers you want products with minimal packaging. These small actions can lead to big change.

For more suggestions and resources, check out: davidsuzuki.org.

A Note from THE PANTRY...



The Pantry at Westminster United Church has had an eventful Autumn!

With thankful hearts and grateful clients, we all had reason to celebrate Thanksgiving.

The FOOD DRIVE was well supported by our Church family and the local community.

The Pantry was full to overflowing!

We continue to serve 20-25 clients weekly – feeding 70-80 people and we still accept food donations on Wednesday mornings at the Church and on Sundays, since we are now worshipping in person again.

As you plan your family gathering for Christmas, please consider asking your guests to bring an item for the Pantry. In this way, we can truly celebrate the gift of the Christ child among us.

We are happy to arrange a pick-up if needed. Simply call the Church office (905-723-6442) and speak to Amy.

Here is a list of some needed items:

- ♦ Coffee
- ♦ Juices
- ♦ Soups
- ♦ Crackers
- ♦ Pasta and Sauce
- ♦ Rice
- ♦ Peanut Butter
- ♦ Canned meat
- ♦ Canned fruit
- ♦ Canned Veggies
- ♦ Toiletries
- ♦ Kids' Snacks (Fruit, Pudding, Granola Bars, etc)

BLESSINGS to all as we continue to care for one another!

New Database

Westminster is in the process of creating a new database. If you have not yet been able to update your contact information with the office, you will soon be receiving a phone call.

A member of the Communication Committee will be calling to confirm your email address, home address and phone number(s).

This information is important to help us maintain connections within our Westminster family.

We look forward to speaking with you!



**Diversity
Embraced
Here**

YOU ARE NEVER
TOO OLD TO SET
ANOTHER GOAL
OR TO DREAM A
NEW DREAM
C. S. LEWIS



**LET'S KEEP EVERYONE
BREATHING WELL!**

**FOR THE HEALTH, SAFETY
AND WELL-BEING OF ALL ,
PLEASE REFRAIN FROM USING
SCENTED PRODUCTS WHILE AT
WESTMINSTER!**

THANK YOU!

Pray, Praise, Ponder

Thank you.



With thanks and gratitude!

Thank you for following and reading all the Stewardship/Finance news in WUC's weekly eblasts!

Recently, we started passing on some sweet nuggets of information and insight through our "Stewardship Second" (from our United Church site) and I personally look forward to reading it weekly
– thank you to Amy for setting it up.

To quickly recap, our events this year included Golfing in the spring, our BBQ Chicken pick-up Dinner, our Hamburger and Hotdog sale, participation in WUC's Season of Service, and helping with our first ever Trunk and Art sale.

Because of your giving(s) of your time, talents, prayers and financial support, these were all successful activities, and we remain ever grateful!

In September we also sent out a survey asking for your ideas and interests for possible fundraising events and your availability to help and volunteer.

Thank you for your kind responses.

We have pooled names and suggestions together and now have a small base to work with in the new year!

And of course, we just completed our annual Fall Intentional Giving program. We had a great 'kick off' in September, highlighting our thermometer in the Narthex that is tracking our efforts to increase our Capital Funds for a new Heating, Ventilation and Air Conditioning system (HVAC).

We followed that with our first attempt at an electronic letter and response form. We prayed and poured blessings on all the responses, culminating with our well attended celebratory Stewardship Stew on October 23rd!

Again, our special thanks to our wonderful team of helpers and cooks for preparing such a delicious lunch for all –including our Pantry clients who graciously received some prepackaged goodies on the following Tuesday.

Coming up later in November, from the 21st – 27th , our annual Online Auction will take place.

We have already begun collecting your donations and uploading pictures of items to the Auction Site, in preparation for your bids, starting on Nov. 21st!

We have set a big ambitious \$5,000 goal and with your help we can certainly achieve this! Please refer to the weekly eblast for more information about the auction.

We are also asking that you please follow our Treasurer's monthly financial updates as we attempt communicating these to you in a more 'user friendly' way; hence, you will find more pie charts and circles, which we lovingly refer to as donuts, going forward.

PLEASE do not hesitate to contact anyone of us from your Stewardship/Finance Committee for any clarification or with questions and suggestions. Only with your support and prayerful giving of your time, talents and finances, are we able to continue doing God's work and pursuing our Mission and Values!

Thank you for considering volunteering – WUC needs you. If Stewardship/Finance isn't the place for you, do take the time to consider another committee. Simply send an email to Westminster and your request will be appropriately forwarded...or chat with us on any Sunday before or after service. We'd be happy to connect with you!

Many Blessings, *Margaret Suepaul*



On November 5th, Westminster was privileged to attend a Youth Event at Curve Lake First Nation...hosted by our Regional Council (ECORC) and Curve Lake United Church.

Games were played, friends were made, a traditional meal was shared... and we listened as Elder Dorothy Taylor taught us about Mother Earth

and her lifeblood...the Water!

Many thanks to all who made this day memorable... Dorothy Taylor, Mark Taylor, Rev. Rodney Smith-Merkley, Sharon Hull and all of the Youth and their Leaders.





*Come one, Come All -
Women of Westminster United Church –
You are invited to the
U.C.W. Christmas Potluck Dinner
On*

Monday December 5th, 2022

In the Founders' Room at WUC

Gathering and appetizers at 5:30pm – Dinner @ 6pm

Please bring one of your favourite dishes to share: a main course or a salad or a dessert

*If you desire: Christmas Donations are being gratefully accepted for Westminster's own foodbank, "The Pantry" – **personal care items**: sanitary pads, tampons, toothbrushes, toothpaste, dental floss, shaving items, hair shampoo for adults & children, hair conditioner, body or shower gels, puff balls for shower, bar soap other than Ivory, body lotion, and deodorant for men & women*

***Items that are always scarce:** Ritz crackers, instant coffee, strawberry jam, peanut butter, dish washing soap, cooking oil, and kid's snacking cups (pudding cups/fruit cups)*



R. S.V.P. on or before December 4, 2022 to Susan at: auntx2@gmail.com

Due to COVID safety concerns, you must R.S.V. P.



Our In-Person Sunday School program has been successfully running since September and we are pleased to offer interactive, educational and memorable Christian learning for our children and families.

J.a.M includes our...

Baby Jammers (Birth - 3)

J.a.M Kids (JK - Grade 5)

Just Jammin' (Grades 6,7,8)



If you have a little one, then our Baby Jammer program is for you. We have a wonderfully caring and dedicated team of leaders who will welcome your child each week and help them to grow in their relationship with God and with others.

Our Nursery program is for children from Birth to 3 years old... and offers so much more than just child care.

We can't wait to meet your little Baby Jammer!

To Register your child(ren) for our J.a.M program or our Baby Jammer's Nursery, please fill out a Registration Form on Sunday morning or contact Cathy Shaw at westminster.cathy@gmail.com to receive one via email.

11th Whitby Scouts

DRIVE-THRU

CHRISTMAS Parade

When:

Friday, December 9th at 7:00pm

Where:

Westminster United Church - Parking Lot

Why:

To Celebrate the Holiday Season and Support the Church's Foodbank

Come and be part of something special...all in the comfort and warmth of your vehicle.
This is the second year that the 11th Whitby Scouts have hosted this evening of light
in support of *The Pantry*, which helps to feed our community and those in need.

This is a drive-thru only, and for safety reasons no one will be permitted to get out of their vehicle.

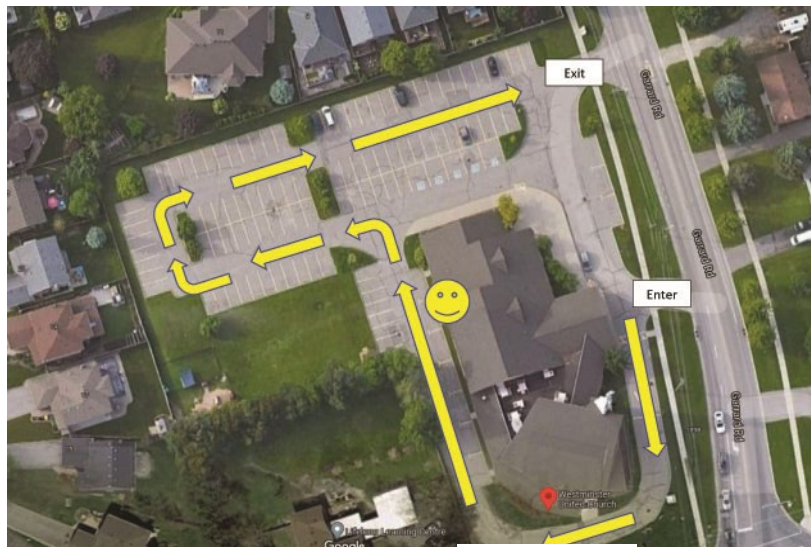
Donations will be collected by a member of 11th Whitby Scouts

(please see map for where the drop off donation "bin" will be...it's the happy face)

Please follow the route so we can offer a safe experience for everyone.

Along with the 11th Whitby Scouts, Cubs, and Beavers,
Westminster will also be taking part and creating "Floats",
so stop by to say hello and support this wonderful family event!

We can't wait to see you!

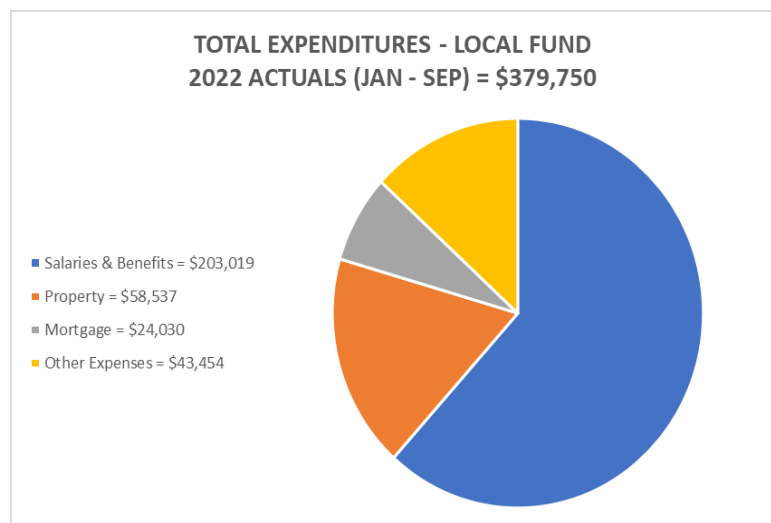
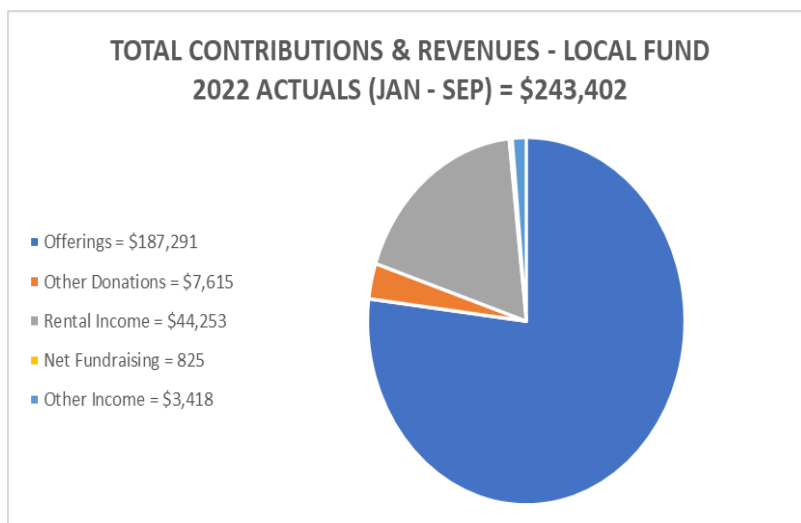
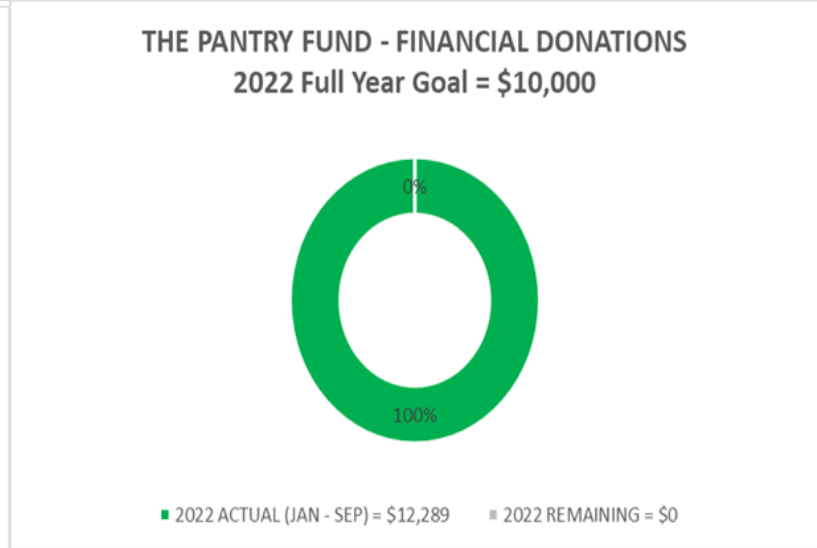
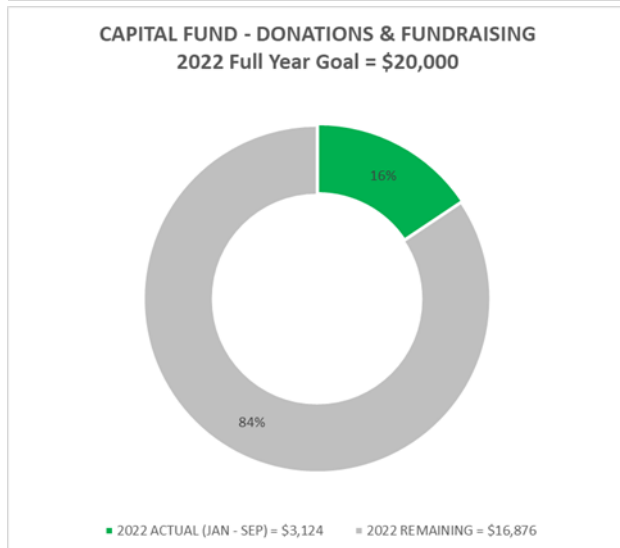
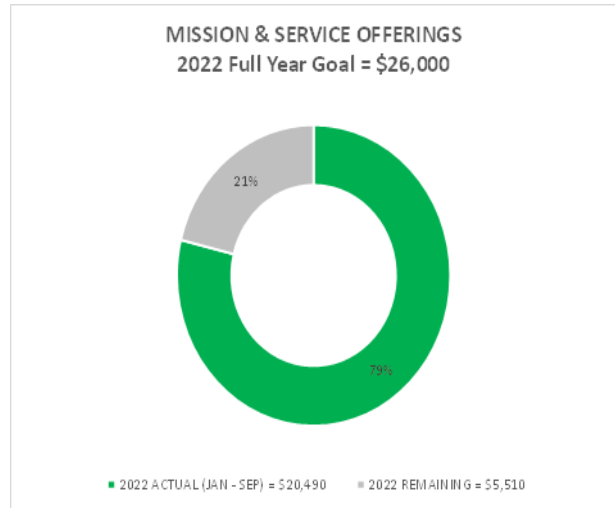
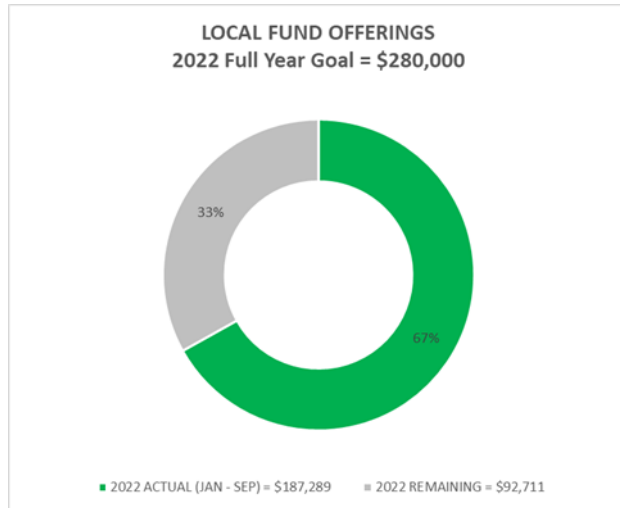


UPDATE TO THE CONGREGATION

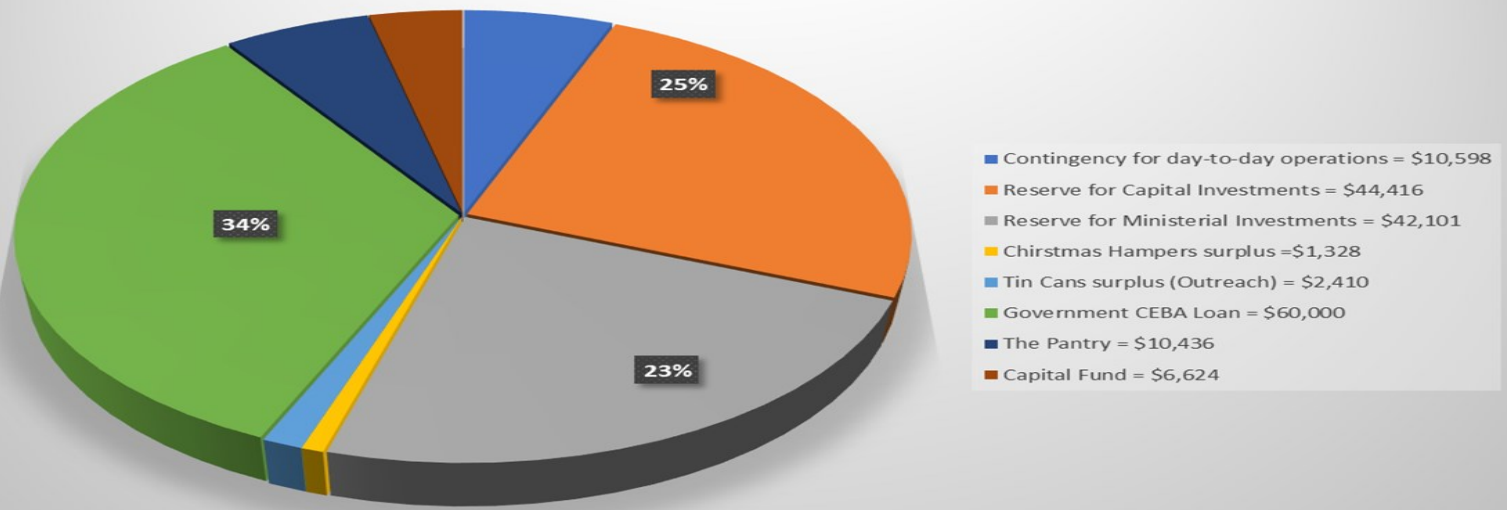
Financial Results for the Period of January - September 2022

We are so thankful for all of the ways you give to Westminster!

The ministry of Westminster cannot go forward without your gifts of time, passion, and finances.



ALLOCATION OF AVAILABLE FUNDS (Total as at Sep 30, 2022 = \$177,913)



The Capital Fund represents contributions received for capital projects, including but not limited to the HVAC replacement project. Any surplus funds in this account may be transferred to the local fund (contingent upon approval from Westminster's Council). The projected costs of the HVAC replacements is \$150,000 over the next five years.

Westminster United Church

Total Available Funds

	as at Dec 31, 2021	2022 Net Outflow (-) / Inflow (+)	as at Sep 30, 2022
Local Fund	262,363	-101,510	160,853
The Pantry	12,641	-2,205	10,436
Capital Fund	3,500	3,124	6,624
TOTAL AVAILABLE FUNDS	278,504	-100,591	177,913

Loblaws Cards Inventory (for sale to parishioners)

Balance as at Sep 30, 2022	16,715
----------------------------	--------

Long Term Liabilities

UCC MORTGAGE LOAN - as at Dec 31, 2021	353,067
Principal Paid in 2022	17,556
Interest Paid in 2022	6,474
UCC MORTGAGE LOAN - as at Sep 30, 2022	335,511
 CEBA (GOV'T) LOAN - as at Sep 30, 2022	 60,000
* \$20,000 will be forgiven if \$40,000 is repaid prior to Dec 31, 2023	

Westminster United Church
Statement of Operations - LOCAL FUND

	ACTUAL	FORECAST	VARIANCE	ORIGINAL FORECAST	CURRENT PROJECTION
	Jan - Sep 2022			Full Year 2022	
CONTRIBUTIONS & REVENUES					
Offerings - Local Fund	187,291	184,500	2,791	280,000	278,791
Donations	7,615	10,025	-2,410	25,000	38,115
Total Receipts	194,906	194,525	381	305,000	316,906
Rentals	44,253	47,840	-3,587	65,000	65,571
Net Fundraising	825	5,000	-4,175	8,750	2,825
Other	3,418	730	2,688	1,000	3,688
TOTAL CONTRIBUTIONS & REVENUES	243,402	248,095	-4,693	379,750	388,990
EXPENDITURES					
Salaries & Benefits	203,019	208,600	-5,582	284,500	269,269
Property	58,620	56,750	1,870	82,500	84,370
Mortgage Payment (P&I)	24,030	24,030	0	32,000	32,000
Other Expenses	43,454	43,730	-276	65,625	62,421
TOTAL EXPENDITURES	329,122	333,110	-3,988	464,625	448,059
SURPLUS (+) / DEFICIT (-)	-85,720	-85,015	-705	-84,875	-59,069
Government Wage Subsidy	0	0	0	0	0
Government Grant (Anti-Hate)	10,000	0	10,000	0	10,000
Security System Expenditure	10,027	0	10,027	0	10,027
	-27	0	-27	0	-27
Government Rebate (Hydro & Gas)	2,349	0	2,349	0	2,349
TOTAL SURPLUS (+) / DEFICIT (-)	-83,398	-85,015	1,617	-84,875	-56,747

Westminster United Church
Statement of Operations - OTHER FUNDS

	ACTUAL	FORECAST	VARIANCE	ORIGINAL FORECAST	CURRENT PROJECTION
	Jan - Sep 2022			Full Year 2022	
UCC "Seeds of Hope" Grant Income (+)	1,000	0	1,000	0	1,000
Spiritual Wellbeing Ministry Expense (-)	1,000	0	1,000	0	1,000
	0	0	0	0	0
Transfer from Reserve for Ministerial Investments (+)	2,000	0	2,000	0	5,000
Spiritual Wellbeing Ministry Expense (-)	2,000	0	2,000	0	5,000
	0	0	0	0	0
Capital Fund * - Offerings (+)	2,299	9,000	-6,701	11,250	3,799
Capital Fund - Fundraising (+)	825	0	0	8,750	3,825
Capital Fund - Expenditures (-)	0	0	0	0	0
	3,124	9,000	-6,701	20,000	7,624
The Pantry - Donations (+)	12,289	7,425	4,864	10,000	14,864
The Pantry - Expenditures (-)	14,494	13,500	994	18,000	18,994
	-2,205	-6,075	3,870	-8,000	-4,130
Mission & Service - Offerings (+)	20,590	19,416	1,174	26,000	27,174
Mission & Service - Disbursements (-)	20,590	19,416	1,174	26,000	27,174
	0	0	0	0	0



GAME NIGHT

is returning to Westminster!

Our next GAME NIGHT will be on
FRIDAY, NOVEMBER 25th
7:00pm - 9:30pm.

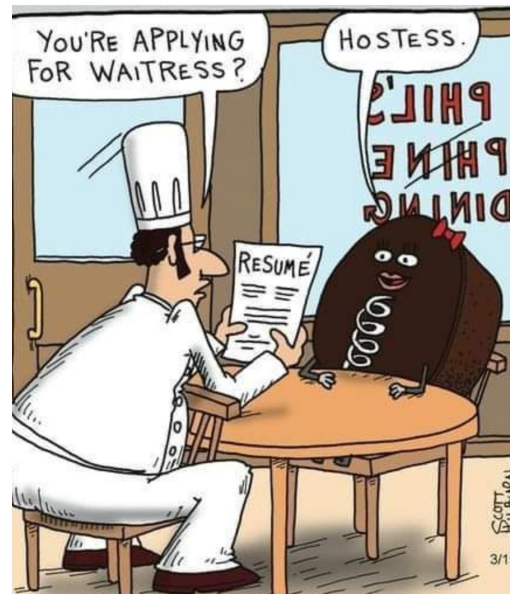
This event is FREE and is geared to
Youth and Adults.

Come check out our Board Games
and munchies...or bring your own!

LET'S LAUGH!



**BUT HE CERTAINLY SEEMS
LIKE A LOT OF FUN!**



ADVENT is COMING



We hope you will join us for Worship during Advent,
as together we prepare for the arrival of the Christ Child.

November 27, December 4
December 11 and December 18

International Transgender
Day Of Remembrance



November 20

*We remember and
honour those whose
lives have been lost
due to
transphobic violence
and discrimination.*



November 28th at 8:00pm

No skills are required!

Fun for All!

Watch the email Blasts for information and contact
Cathy Shaw at westminster.cathy@gmail.com for the Zoom Link



The following are excerpts from the Toronto Star insert "Urological Health", on September 29, 2018.

"Men are notoriously bad at taking care of their health and it can be a challenge to get them to talk to their general practitioners sometimes, let alone a specialist. The specialist that men are perhaps the most reluctant to meet with is also one of the most important: a urologist."

Most men, the article goes on to say, will be prone to develop at least one of the three most common prostate diseases: prostatitis (infection, inflammation and/or pain in the prostate), benign prostatic hyperplasia (enlargement of the prostate leading to bothersome and potentially dangerous urination symptoms), or prostate cancer (the most common cancer in men).

Prostate problems are among the most frequent of men's health problems. But other situations need to be highlighted as well. The **Movember** movement is serving to do just that. The Movember Foundation conducts a campaign every November to raise funds for research, and to draw attention to not only prostate cancer but also testicular cancer and men's mental health.

Prostate cancer is the most common cancer among Canadian men. One in seven men will be diagnosed in their lifetime, usually through physical exam and a blood test known as PSA. Testicular cancer usually affects young males 20-34 yrs of age and can be detected upon physical examination because of pain and swelling. A predominant mental health problem among Canadian males is suicide. At all points in time over the past 60 years, males have had higher rates of suicide than females.

It is important that these problems are acknowledged and addressed. The Movember movement does just that by encouraging men to grow a moustache for the month of November. The moustache acts as a billboard to draw attention to the campaign and to increase awareness of the potential health problems discussed above. This yearly campaign has greatly affected public awareness and hopefully will continue to lead men to educate themselves and seek out medical advice and assistance when needed.

Helpful Websites:

Movember Canada : <http://ca.movember.com>

Prostate Cancer Awareness: www.prostatecancer.ca

Testicular Cancer: [www.cancer.ca>cancer-information>testicular](http://www.cancer.ca/cancer-information/testicular)

Men and Suicide-Centre for Suicide Prevention: [https://www.suicideinfo.ca>resource](https://www.suicideinfo.ca/resource)

Mayo Clinic – <https://www.mayoclinic.org/healthy-lifestyle/mens-health>

Mayo Clinic-<https://www.mayoclinic.org/diseases-conditions/depression>

Mayo Clinic-<https://www.mayoclinic.org/diseases-conditions/benign-prostatic-hyperplasia>

You're invited...

*...to join us for Worship,
In-person or Online*

*If you're new to Westminster,
we're so glad to meet you!*

*If Westminster is your church home,
we're so glad to see you again!*



Photo by: Alex Shute, Unsplash